



"Prosperous and just society for future generations"

## Group of Helping Hands (SAHAS) Nepal

NEWSLETTER (APRIL TO JUNE 2018)

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### Workshop : Strengthening Outcome and Impact Orientation (OIO)



SAHAS Nepal organised Outcome Impact Orientation (OIO) Workshop from 3rd to 5th April on Pathik Foundation, Satungal. The main objectives of workshop was to familiarise the key terms and concept of OIO, enhance knowledge on effect chain, monitoring, data collection, analysis and progress report

writing with reference to BfdW (Bread for the World) reporting format as well as enhance knowledge and skills of co-facilitators (Project Coordinators) of SAHAS Nepal on OIO facilitation and coaching. A total of 15 participants were trained in workshop from Community Empowerment for Food and Livelihood Security (CEFALS), Local Initiatives for Food Security Transformation (LIFT) and Clean Development Mechanism (CDM) projects. Workshop was facilitated by Ms. Bashuda Gurung (Consultant for OIO), Mr. Manoj Kumar Pun, Mr. Dipesh Neupane and Ms. Snehalta Sainjoo. After the training, participants gain knowledge to write report in OIO format and find out flaws in the previous report writing, develop the knowledge on the concept of OIO terminologies and effect chain. On another hand, co-facilitators i.e. project coordinators also enhanced their capacity on the co-facilitation on OIO. Workshop was the platform where both participants and co-facilitators enhance their capacity at different levels.

### Case Study: Kick-Starting a new Life



Sobita Baram-26 is youngest among 6 sisters and living with her parents since her all sisters got married she is the sole support of her parents.

She has completed her high school education and is a member of Dadagaun mixed group, Gorkha. After completion of her high school

education, she did not have concrete plans for future. She had little skill in tailoring but was unable to gain income because many in her village had the same occupation. Her parents were old and agriculture was the only source of livelihood. Through the suggestion of her group and DLSO recommendation, the Enhancing Livelihood through Local Effort (ELLEP) project sent her in 35 days Village Animal Health Worker training conducted at Pokhara.

Sobita's village is within 2 hours of waking distance from Aarughat Rural Municipality. There were no any animal health technician in her village. After receiving VAHW

training, her whole village and even the neighboring village got benefitted. She planned to open an agro vet in her home but lacked cash for that. After discussion and decision in her group, she received a revolving fund of NRs. 15,000 from which she started her agro vet business. She brings medicines while visiting other villages which has increased her income. She has also established grocery shop and purchased a sewing machine where in her free time she has started sewing and knitting as well. "I am self-employed and have been earning a steady income, she says "People contact me even at night for treatment of their animals, I am ready." Most of the time she works in coordination with Livestock Service Office of the rural municipality which has helped in the positive relation building. "She helps in each of our work and her village members appreciate her work greatly" says Livestock Service Office chairman Indra Hari Khanal. Villagers no longer needs to bring

their animals to Aarughat for treatment as she is always ready to provide her services. Due to her dedication in her work, she got a chance to participate in 15 days Animal Health Worker training by DLSO. She is president of the Community Based Organization (CBO) in her village. The project activities has increased her leadership skills and earned the trust of her village group members. So, she was elected as Chairperson of Ward Citizen Group, secretary of Local Village and school management committee of Siddha Devi Higher Secondary School.

Her community development work was not limited to these activities only. She was also nominated and elected as ward member and Rural municipality planning committee member. "The community members trust Sobita fully" says a teacher Mina Baram "She is now self-employed and her livelihood has changed drastically." The income has made her livelihood easier and

she has completed the reconstruction of her house after earthquake. "It was difficult to gather money for household expenses before" Sobita adds, "Now, I earn up to NRs. 13,000 monthly and am also involved in community work equally."

"Without the environment to receive village animal health worker training, I would not have developed any entrepreneur skills. The project has changed my mode of life. I also take active participation in planning works in rural municipality. These were beyond my expectation. On top of that, I was nominated and won the local election for ward member and village planning committee member. This is my achievement", Sobita proudly says.

Sobita have no other words to thank SAHAS Nepal for becoming life changer and she will continue to work further hard in future days.

## Best Practices

### Integrated Farming Method:



The integrated farming method is a process which fulfills social, environmental and economic demands in villages. The process uses organic methods in order to balance farming practices whilst creating a sustainable source of income for those involved. As a consequence this can be used to create economically viable opportunities for the population such as improving education and help to create a better standard of living. This however does need some initial investment due to the necessity for having the combination of livestock, land and crops in order for the cycle to start.

The process begins with the use of crops. Farmers are able to use crop residue in order to feed their livestock such as cows. The manure from these livestock is then able to be used as pesticide for their crops; this reduction in the artificial pesticides

not only is better for the land but also saves money for the farmer. The money then used from selling the crops can then improve the families standards of living and encourage education within the village. This grassroots approach is not only very effective but will provide a sustainable future for community.

## Germany Embassy Field Visit to Pyutar, Lalitpur

On 31st May 2018, a monitoring visit was conducted to observe the activities implemented under the project Women Empowerment and Livelihood Improvement (WELI) Project in Pyutar village of Bagmati rural municipality of Lalitpur district receiving the financial assistance from German Embassy Kathmandu. The visit was accompanied by Mrs. Kabita Thapa and an intern from the embassy together with the

Central staff from SAHAS Nepal. During the visit, the monitoring team observed rainwater harvesting tank, drinking water scheme, goat rearing and integrated farming system consisting of plastic house cultivation, pig shed and fish pond. There was also a brief interaction with the beneficiaries regarding the changes that the project activities have brought into their lives. A total of 266 women farmers from Pyutar

organised into 9 Community Based Organisations (CBOs) are the beneficiaries of the project. It was seen that the project has introduced new technologies into the communities, which are expected to deliver positive impacts in their lives. This type of monitoring visit motivated staffs and community people to work harder in the upcoming days.



## Memorandum of Understanding (MoU) signed for Emergency Education Response in Nepal (EERN) Project

SAHAS Nepal in partnership with STREET CHILD of Nepal signed Memorandum of Understanding (MoU) for Emergency Education Response in Nepal (EERN) project which has started its project implementation on four districts i.e. Okhaldhunga, Ramechhap, Sindhuli and Makwanpur from

April, 2018. The major objective of the project is to make school committee, teachers, parents and students able to tackle any kind of disasters in the coming days with the help of Early Childhood Development, School and Recreational kits along with Disaster Risk Reduction Training to parents,

teachers, local authorities, school management committee and resource persons. Water, Sanitation and Hygiene (WASH) component will be followed by handwashing training and compact filter distribution.

## Volunteer selection for Youth Exchange Program



On 17th April, 2018 six youths from Makwanpur district were called for the selection process of youth exchange program of Act Now where written and interview test were carried out to mark the competency of youths. Dr. Surendra Kumar Shrestha, Executive Director, Mr. Ramesh Shrestha, Country Coordinator of Stromme Foundation and Mr. Sujan Lal Shrestha, Knowledge Management, Monitoring and Evaluation Coordinator were on interview panel. Every year volunteers from Norway and Nepal gets exchanged where they experience difference in culture, development pattern, lifestyle and organisational activities of their assigned organisation. They share their learning and experiences in the community which will help in the holistic development

of the community and their lifestyles. They share their learning and experiences in the community which will help in the holistic development of the community and their lifestyles. During the exchange program, youths will learn new language, learn a new way of living and great deal about themselves, take active role towards poverty eradication, injustice, cross cultural understanding and make aware about the social issues. Apart from this this youth exchange enable youth to develop as leaders and help in youth leadership and development.



## Monitoring field visit in Udayapur



A three-days monitoring visit was carried out from 27th March to 29th March 2018 in the identified sites of Udayapur district for the CDM project on "Community based Green Energy Promotion in Nepal". It was

accompanied by Ms. Kirsten Gade, Programme Manager Climate Change and Emission Trade, BfdW, along with Dr. Surendra Kumar Shrestha, Executive Director, and Ms. Snehalata Sainjoo, CDM coordinator of SAHAS Nepal. During the visit, mainly four villages namely Marjitpur, Lamidwali, Galtar and Gabuwa villages of Katari Municipality were reached where communities were once intervened with different renewable technologies, such as Improved Cooking Stoves (ICSs), Biogas, and the solar drinking water schemes. These are the technologies that will be incorporated in the First Complement Programme (CPA). Ground level observation and interaction manifested that communities are well aware of the technologies' benefits, nevertheless, majority have reverted to traditional lifestyles. This challenge the sustainability of the project, which demands continuous community sensitization on the impacts of technologies to their livelihoods and bottom-up approach to designing the technologies.

## Meeting with Funding Partners

Dr. Surendra Kumar Shrestha, Executive Director participated in several meetings with international funding partners for long term development and cooperation. A meeting was accompanied by congregation of NepalTeam in Hamburg, Germany where general information of Nepal, working approach of ELIDIS project, problems and achievements of project was presented to funding partner. Similarly, meeting with SODI and NepalTeam was conducted on the new project proposal entitled "Bio-Diversity ad resource management for sustainable food security in mountainous community in Nepal". Dr. Shrestha was interviewed by SODI to promote human security.

Another meeting with Bread for the World (BfdW) was conducted which focused on further cooperation exchange on the new phase for Local Initiatives for Food Security Transformation (LIFT) and Clean Development Mechanism (CDM ) project was discussed along with the scholarship programme.

Other meetings with different organisations were conducted for the further collaboration and field visits in upcoming days. These meetings for sure will help in the future cooperation, coordination and collaboration for different development activities for a long run.

## Family Day Celebration

SAHAS Nepal celebrated its Family Day on 1st April, 2018 in Chovar, Kathmandu. The major aim of family day was to share the happiness of being together as a one big family, bonding not only with staffs but also with their family members, team building, and building staff's family-family relation. Apart from this, family day is also a platform where staff's children, spouse, in-laws get to know about organisation working approach, project activities and share their learnings and experiences which has also helped to strength moral support from the family members to work in community development works and bring the change in the community.



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