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Policy review and procurement planning meeting

Group of Helping Hands (SAHAS) Nepal conducted policy review and procurement planning meeting on 25 and 26 April in Kathmandu Coffee, Bhaisepati. The main objectives of this meeting were to review SAHAS Nepal policies and to discuss the procurement process. A total of 12 staffs participated in the meeting where project coordinators and finance team presented about their respective projects addressing different issues related to first quarter income and expenditure, variance and the reasons for it. The meeting started by reviewing the Disaster Risk Reduction (DRR) strategy draft for the period, (2019-2023). After the presentation and discussion, feedbacks and comments were collected from all the participants.



Joint program and finance meeting



Group of Helping Hands (SAHAS) Nepal conducted programme and finance joint meeting on 6 and 7 May in Hotel Tulsi, Pokhara. The major objectives of the meeting were to establish common understanding

about organisational policies, working guidelines, organisational culture, financial and procurement procedures for organisational efficiency and effectiveness. The meeting was a platform where programme and finance staffs internalise the utmost importance of teamwork for the success of the programme. The programme started with the welcome note and appreciating all the staffs for their continuous hard work and efforts. After that, series of discussion and presentation was carried out in participatory manner where participants shared their ideas and understanding. Presentation was presented by the respective personnel on the topics such as food security pillars, audit findings, working guidelines, procurement process, monitoring and reporting, communication guidelines etc. which will further help in smooth functioning of the organisation.

Participated in Felm Strategic Consultation Meeting



Dr. Surendra Kumar Shrestha, Executive Director of SAHAS Nepal participated in Felm Strategic Consultation meeting in Helsinki Finland from the 17 of May to 26 of May. Meeting was divided in different events, from 17 to 19 May. Dr. Shrestha participated in mission festival, panel discussions, and forums where

Dr. Shrestha presented and discussed socio-economic empowerment of women, Climate change consequences, Climate Change Mitigation, and Adaptation measures. Similarly, from 20 to 24 May Dr. Shrestha was involved in meeting with different University Panel discussion. Dr. Shrestha was actively engaged in the meeting from 25 to 26 May in Climate Change World Village with Ministry of Foreign Affairs of Finland, former Ministers, Finland Climate Activist, companies and different Civil Society Organisation where he presented, discussed and informed about climate change consequences to small farmers, its mitigation and adaptation strategies. These types of meeting and interaction will further help in future development collaboration and cooperation. Dr. Shrestha is continuously engaged in wide spreading and introducing SAHAS Nepal in a national and international platform.



Training to Animators-Module I



Group of Helping Hands (SAHAS) Nepal organised 10 days long "Training to Animators-Module I" training to 25 animators of Socio-Economic Empowerment with Dignity and Sustainability (SEEDS-II) project in Sulichaur, Rolpa from 26 May to 6 June. The major objective of

the training was to enhance the capacity of animators and social mobilisers and upgrading understanding of the overall SEEDS project objectives and goals. A total of 24 SAMVAD centers will be established and run during the first year of the project and in order to make the SAMVAD center efficient and effective training was organised. The training was inaugurated by the Chairperson of Sunil smirti Rural Municipality with a welcome note and focusing on the importance of social empowerment for the development of the society and community. The major contents of the training were about the concept of SAMVAD and its working approach, nine steps of SAMVAD, different types of social malpractices and ways to mitigate these problems, problem tree analysis, life skills, Crack Pot, SWOT analysis, family development plan, career development plan, etc. The training was facilitated by Ms. Sashi Chaudhary and Ms. Sanju Gurung.

Monitoring visit to Mugu



Group of Helping Hands (SAHAS) Nepal conducted monitoring visit and social audit in Khatyad Rural Municipality, Mugu of Enhancing Livelihood through Local Efforts (ELLEP) Project. The visit was accompanied

LIFT project orientation

Group of Helping Hands (SAHAS) Nepal organised Local Initiatives for Food Security (LIFT) project orientation in Nepalgunj from 19 to 21 May, 2019 and in Godawari Ashram, Lalitpur from 27 to 29 May, 2019. This orientation was conducted to the staffs of six districts i.e Mugu, Bajura, Kalikot, Okhaldhunga, Udayapur, and Lalitpur with an objective of orienting newly recruited staffs on new phase of LIFT project which included its goals, objectives, indicators and activities. The orientation was provided on the project indicators, food security pillars, climate change mitigation and adaptation measures, quality monitoring and reporting, and social mobilization skills. Detailed

by representatives from the government bodies, SAHAS Nepal and Felm. A group discussion was conducted with Lahru Ukhuwari Samuha where the group members shared their experiences regarding the technologies, skills, and knowledge they have received from SAHAS Nepal intervention. In addition, the social audit was also conducted in order to enhance transparency and accountability. Followed by social audit, Rural Municipality level Project Advisory Committee Meeting was also conducted where project staff shared about the progress, achievements, changes, future planning and budget of the project. The meeting helped to develop sound and mutual relation with the local government which will help to enhance resource sharing and reduced duplication in future development cooperation.

Implementation Plan for the first year of project was prepared which developed common understanding about the project and will help in the smooth implementation of the project.



Admin and Finance Professional Group Meeting



Group of Helping Hands (SAHAS) Nepal organised 6 Admin and Finance Professional Group Meeting (PGM)/Capacity Building Training on 8 May 2019 in Hotel Tulsi, Pokhara. The main objective of this assembly was to bring financial uniformity among different working districts of SAHAS Nepal. The major content of the facilitation in the meeting was stock management, monthly tax details, tax deduction. All the finance staffs from different working districts participated in the meeting.

Joint Monitoring visit to Devghat

Group of Helping Hands (SAHAS) Nepal and Felm organised a Joint Monitoring Visit (JMV) in Devghat Rural Municipality-1 on 29 April 2019. The Joint Monitoring Team comprises of Rajendra K. Poudel, Member Secretary Social Welfare Council, Dipendra Pant, and Monitoring Evaluation Director of SWC, Hosta Thapa, Personal Assistant of Women, Children and Senior Citizen Minister, Juha, Country Director of Felm, Teresa Regional Manager of Felm and Rupa Shrestha, MEAL Officer from Felm. Similarly Mr. Durga Thapa, Chairperson of Devghat Rural Municipality, Bhim Bahadur Gurung, Ward Chairperson, Dr. Surendra Kumar Shrestha, Executive Director, Saban Shrestha Programme Coordinator and HR Manager, Gangaram Magar, Project Officer of Tanahun and Maniskhya

Technical Officer of SAHAS Nepal and beneficiaries. The major objectives of the visit were to monitor overall activities of ELLEP Project and direct interaction with beneficiaries, enhance coordination and collection of suggestion and feedback for future planning.



Case Study

Creating spaces for the community development



Mr. Hem Rai-27, from Katari Municipality-4 recently selected as the chair of the Kopila Community Forestry Group (CFUG) was an active youth of the community. Thousands of youth are migrating aboard from Nepal for the job but Mr. Rai committed to contribute his effort in his own land. He was highly motivated to lead the CFUG after engaging the project activities of awareness raising and plantation. He participated in

the awareness program on climate change and its linkage with forest, organised by the project. Immediately after the training, he realised that he can use his home yard that was wasted till date can use for the income generation and the environmental conservation. He contacted to the Division Forest Office and brought saplings of Sal, Teak, Tanki and some fruits plants and planted in home yard and around the pig farm he is owning.

Similarly, after participating the awareness program, his neighbor Som Kumar Magar-26 also planted timber and fruit saplings in his 0.2 ha land that was remained barren since a long time. Likewise, more than 100 households planted trees, fodder and fruits in their home and farm yard so that they can keep greenery around and contribute for the climate change mitigation.

Best Practices

Family Development Plan

Family Development Plan (FDP) is developed to create an outline of obstacles of family and ways to reach success. With the participation of all the family members, they dream how their family will meet their goals in five years to ensure family happiness and achieve common goal. The approach seems merely simple yet provides the deeper understanding and helps to internalise the situation of family status. After the plan, all family members work together collectively to bring change, happiness and prosperity in the family.

Sample of Family Development Plan (FDP)

Name: _____

Address: _____

Group name: _____

Family description: _____

S.N.	Name of family members	Age	Relation with family head	Occupation	Dream
1.					
2.					
3.					

1. Current situation of my family:
2. Dream (where I want to be in next five years)
3. Steps to achieve my dream (yearly work plan)



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